

Jefferson County Resources

Jefferson County include the Cities of Lakewood, Arvada, Broomfield, Wheat Ridge, Ken Caryl, Columbine, Golden, Evergreen, Applewood and Edgewater.

Adult Day Programs

Gardens at St. Elizabeth	2835 W. 32nd Ave. Denver CO 80211 303-964-2361
Innovage Cody Ctr	8405 W. Alameda Ave. Lakewood CO 80226
Previously Total Long Term Care	720 974-5400 www.myinnovage.org
Seniors' Choice West	1060 W Littleton Blvd Littleton CO 80120 Tel: 303-344-0046 E-Mail: seniors.info@seniorschoice.org
Seniors' Resource Center –	303 238-8151 3227 Chase St Denver CO www.srcaging.org

Jefferson County Human Services

General Address/Phone	100 Jefferson County Parkway # 4530 Golden 303-271-8400
Aging and Adult Services	303-271-1388
County Court	303-271-6215
Department of Health	303 232-6301
Housing Authority	303 422-8600
Motor Vehicle	303-271-8100
Public Health	303-232-6301

Emergency Response

AA Life 303-499-7721

ADT Security Services 1-800-554-3322

American Medical Alarms 1-800-542-0438 Can do with Cable or digital service

American Medical Alert Corp. 720-851-2600 landline needed

File of Life Community Support Materials 1-800 814-1788 Jefferson Cty 303 989-4307

Guardian Wireless 1-480-940-8900

Life Alert 1-800-786-1455 have mobile alert cell phone when away from home

Lifeline 303-805-5979 landline needed, med manager w/o landline

Personal Alert system 303 799-0767

Energy Resources

Energy Resources/Crisis intervention 303 271-4399

LEAP (heating bill assistance) 1 866-432-8435

900 Jefferson County Pkwy, Golden 80401 email: LEAP@jeffco.us

Food Resources

Action Center Food Bank 8755 W 14th Ave Lakewood 303 237-7704

Arvada Food Bank 8555 W 57th Ave Arvada 303 424-6685

Food Stamps Colorado State Information/Hotline Number: 1-800-536-5298

King Soopers Delivery 1-800-677-5464 www.kingsoopers.com

Meals on Wheels 2660 Larimer St Denver 303 294-0111

Legal Resources

Adult Protective Services Jeffco	303 271-4673
Guardianship Alliance of Colorado	303-423-2898
Health & Elder Legal Services	303-837-1321
Landlord/Tenant Disputes Housing Services)	303-831-1935 (Commercial
Legal Center for People w/ Disabilities & Seniors	303-722-0300
Money Management Inter. (Credit Counseling)	800-308-2227
Ombudsman Program for ALF or SNF residents	303-455-1000
Seniors' Resource Center/Legal Assistance	303-238-8151

Libraries

Main Library Phone Number	303-235-5275	www.jefferson.lib.co.us
Bookmobile	303-275-6163	

Handicapped-accessible Bookmobile has been on the road since July 2009.

- The Bookmobile and Outreach collection includes about 17,000 items.
- The number of visitors each month is about 700.

Colorado Talking Book Library 303 727-9277 Free Library services for Visual Disability, Blindness, Deaf, Learning Disability, Physical Disability

Jefferson County Community Transportation

Access- A-Ride:	303 299-2960	Services most Denver Metro,
Must call request application, medical provider needs to fill out application		
Seniors' Resource Center	303-235-6972	-3 days advance notice
Lakewood Rides	303 987-4827	Grocery Bus for Lakewood Residents
Medicaid Transportation	1-855-264-6368	Must have Medicaid & going to Medicaid Dr. apt

Private Transportation

Yellow Cab Mobility Plus	303 777-7777
Metro Taxi	303 333-3333
Mobile Access	303 274-9895
American Cancer Society	303 758-2030 x 476
Ambulance American Medical	303 614-8900

Home Care Private Pay

Abby Senior Care	303 699-8840
Comforcare Home Care	303 232-4473
Innovage	303 300-6900
Senior Resource Center	303 235-6976
Salus Home Care	303 770-1335
To The Rescue	720 851-2100

Senior Centers Jefferson County

Clements Community Center	303-987-4820
Evergreen Recreation Center	303-674-6441
Foothills Park and Rec District	303-987-3602
Golden Community Center	303-384-8130 (Front Porch)
North Jeffco Senior Center	303-425-9583
Seniors' Resource Ctr/Mountain	303-674-2843
SilverSneakers	1 888-423-4632 Fitness for older adults call to see if you are eligible under your healthcare plan
Wheat Ridge Community Center	303-422-0800

Aquatic Classes and Therapy

Apex Center 13150 W 72nd Ave Arvada 303 926-1444
Charles Whitlock Rec Ctr. 155 Dover St Lakewood 303 987-4800
Easter Seals Warm Water Pool 5755 W Alameda Lakewood 303 233-1666
Wheat Ridge Active Adult Ctr. 6363 W 35th Ave Wheat Ridge 303 205-7500

Mental Health Outreach

Jefferson Center for Mental Health Services and Programs

General Information and Appointments 303 4215-0300

Senior Focus Individual therapy and psychological assessment specially designed for seniors with commercial insurance, Medicare Advantage Plans and Medicare Part B.

Senior Peer Counseling Senior volunteers trained to provide peer-to-peer support for a few weeks or months through a difficult time or aftercare to treatment.

Senior Outpatient Services Individual and group therapy in a variety of settings including office based and long term care. Preadmissions screening for nursing home level of care.

24-Hour Emergency Line (303) 425-0300 staffed 24 hours a day, 7 days a week

Suicide Hotline 1-800-273-TALK (8255)

Senior Reach 1 866-217-5808 www.seniorreach.org

Community education, wellness services, outreach, case management, and brief treatment to frail, elderly adults

A Wiser Mind 303 437-0989

Mobile Doctors

Physician House Calls 303 759-4135

Senior Care of Colorado 303 306-4321

Veterans Services

Veterans Service Officer Jeffco 303 271-4205
Local VA regional office 303 343-1268
National 800-827-1000

Vocational Rehab

Administration

1575 Sherman Street, 4th Floor Denver 303-866-4150, 1-866-870-4595

Golden

3500 Illinois Street Golden 303-866-4121

Volunteer Services

Foster Grandparent Program 303 297-0408 Volunteer work for seniors to help children and teens

Handyman Program/Denver 303 297-0408 Volunteers provide in-home repairs for older adults and people with disabilities

Volunteer Program - 303-297-0408 Volunteer opportunities within VOA

Important Phone and Contact Info

Medicare Contact Info 1 800-633-4227, www.medicare.gov

Medicaid Contact Info 303 866-3513

Social Security Contact Info 1 800-772-1213 www.socialsecurity.gov

Benefits Check Up- identifies Federal/State programs you are eligible for call

303 629-4996 www.BenefitsCheckUp.org

DRCOG Area Agency on Aging 303-455-1000

Resource Organizations

ALS-Rocky Mountain Chapter 720-890-8311

Alzheimer's Association 303-813-1669 Help Line 1 800-864-4404

American Cancer Society 303-758-2030

American Diabetes Association 720-855-1102

American Heart Association 303-369-5433

American Lung Association 303-388-4327

Arthritis Foundation 303-756-8622

Aids Project 303-837-0166

MS Society of Colorado 303-698-7400

Parkinson Association of the Rockies_303-861-1810 / 303-830-1839

Rocky Mountain Stroke Association 303-730-8800

